

Banks St Kindy Newsletter

PO Box 3135 Newmarket Qld 4051 Phone (07) 3352 6940 Email: admin@banksstkindy.org Website www.banksstkindy.org



Message from the President

Welcome to 2018

I would like to welcome back all the staff and families at Banks Street Kindy this year. A special welcome goes out to our new staff, Kim Crisp, Educational Leader for the Butterflies group and Melissa Calkin, Bees Group Assistant Educator.

Thank you to all the parents who have taken up positions on the new committee and we will send out

communications soon as to who the key contacts are, as well as projects and fundraising that is coming up.

As a new parent to the kindy, what has impressed me most is the level of care and enthusiasm demonstrated by the educators and also the fantastic parent support evidenced by volunteering on the committees and working groups of so many parents.

Community kindergartens rely on the support of parents not only in the running and maintenance of the kindy but also in building a sense of community which benefits the children educationally and emotionally. With this in mind, check out the important dates coming up.

Finally, a big thank you to all the parents/carers and staff who attended the working bee on 17 March. A lot was achieved in a small amount of time and the children will be appreciative of your efforts.

Looking forward to working with you all in 2018 to help our children have a positive and rewarding experience.

Regards

Craig Gordon

President, Parent Management Committee



SAVE THE DATE

Mother's Morning Tea

Bees Group 8 May

Butterflies Group 4 May

Father's Day Breakfast

Bees Group 8 May

Butterflies Group 4 May

Kindy Photo Day

Bees Group 15 May

Butterflies Group 17 May

Under 8s Day at Newmarket State School 24 May

2019 Kindy Open Day 2 June 8.30-2.30pm



BSK

Facebook Page

Have you liked the kindy Facebook page?

It's a great resource for catching up on Kindy and local community news. It also has loads of useful parenting and education articles. Please jump on and take a peek. If you like what you see, please share this site with family and friends.

TERM 1 ENDS ★

Bees Wed 28 March

Butterflies Thurs 29 March

TERM 2 STARTS ★

Bees Tues 17 April

Butterflies Thurs 19 April



From the Director - Ann Lock

Tips to encourage appropriate behaviour

(from the Raising Children Network)

Try our practical tips to encourage the behaviour you want in your child.

How to encourage appropriate behaviour in your child

A positive and constructive approach is often the best way to guide your child's behaviour. This means giving your child attention when he behaves well, rather than just applying consequences when he does something you don't like.

Here are some practical tips for putting this positive approach into action.

Tips for good behaviour

1. Be a role model

Use your own behaviour to guide your child. Your child watches you to get clues on how to behave - and what you do is often much more important than what you say. For example, if you want your child to say 'please', say it yourself. If you don't want your child to raise her voice, speak quietly and gently yourself.

2. Show your child how you feel

Telling your child honestly how his behaviour affects you helps him see his own feelings in yours. And if you start sentences with 'I', it gives your child the chance to see things from your perspective. For example, 'I'm getting upset because there is so much noise that I can't talk on the phone'.

3. Catch your child being 'good'

When your child is behaving in a way you like, give her some positive feedback. For example, 'Wow, you're playing so nicely. I really like the way you're keeping all the blocks on the table'. This works better than waiting for the blocks to come crashing to the floor before you take notice and say, 'Hey, stop that'.

This positive feedback is sometimes called descriptive praise because it tells children specifically what they're doing well. Try to make six positive comments for every negative comment. And remember that if children have a choice between no attention or negative attention, they'll often seek out negative attention.

GRANTS UPDATE



A couple of grants have been submitted. We have applied for an additional shade sail and funding to support a concrete entry path from the car park.

Our goals for 2018 are to try and receive funding to improve the front entry, a sand pit cover, additional shade sail, fix the soft fall, and purchase musical instruments. We will also look for funding to cover the fee for some of our annual visitors (e.g., bee man and Indigenous educator)

If you have ideas for grants or are able to apply for specific funding through your workplace, please email committee@banksstkindy.org. We'd love your support

Sarah Bell



4. Get down to your child's level

When you get close to your child, you can tune in to what he might be feeling or thinking. Being close also helps him focus on what you're saying about his behaviour. If you're close to your child and have his attention, you don't need to make him look at you.

5. Listen actively

To listen actively, you can nod as your child talks, and repeat back what you think your child is feeling. For example, 'It sounds like you feel really sad that your blocks fell down'. When you do this, it can help young children cope with tension and big emotions like frustration, which sometimes lead to unwanted behaviour. It also makes them feel respected and comforted. It can even diffuse potential [temper tantrums](#).

6. Keep promises

When you follow through on your promises, good or bad, your child learns to trust and respect you. She learns that you won't let her down when you've promised something nice, and she also learns not to try to change your mind when you've explained a consequence. So when you promise to go for a walk after your child picks up her toys, make sure you have your walking shoes handy. When you say you'll leave the library if your child doesn't stop running around, be prepared to leave straight away.

7. Create an environment for good behaviour



The environment around your child can influence his behaviour, so you can shape the environment to help your child behave well. This can be as simple as making sure your child's space has plenty of safe, stimulating things for him to play with. Make sure that your child can't reach things he could break or that might hurt him. Your glasses look like so much fun to play with - it's hard for children to remember not to touch. Reduce the chance of problems by keeping breakables and valuables out of sight.

8. Choose your battles

Before you get involved in anything your child is doing - especially to say 'no' or 'stop' - ask yourself if it really matters. By keeping instructions, requests and negative feedback to a minimum, you create less opportunity for conflict and bad feelings. [Rules](#) are important, but use them only when it's really important.



Sustainability

Just to let you know that batteries can be recycled at Aldi stores and printer cartridges at OfficeWorks



New Parenting App (birth to 3 years)

The free [Day by Day: Learning Together](#) app sees parents complete activities that are organised into different everyday environments such as the kitchen, bathroom, outdoors and travelling. [Available on Android and Apple smartphones and tablets](#)



Thank you for signing up to Storypark. To make this documentary tool successful, please engage your children in the photos and stories.

Kindy Marketing Support



Do you have friends in the local business community, local clubs or organisations?

We'd love your help to distribute the Kindy flyers and posters

(especially leading up to the open Kindy Open Day in June). Please consider any of your contacts that would be open to displaying the Kindy's marketing materials for a short period. If you can help, please drop a line to Ann at staff@banksstkindy.org

9. Be firm about whining

If you give in when your child is whining for something, you can accidentally train her to whine more. 'No' means 'no', not maybe, so don't say it unless you mean it.

10. Keep things simple and positive

If you give clear instructions in simple terms, your child will know what's expected of him – for example, 'Please hold my hand when we cross the road'. And positive rules are usually better than negative ones, because they guide your child's behaviour in a positive way. For example, 'Please shut the gate' is better than 'Don't leave the gate open'.

11. Give children responsibility - and consequences

As your child gets older, you can give her more responsibility for her own behaviour. You can also give her the chance to experience the natural consequences of that behaviour. You don't have to be the bad guy all the time. For example, if it's your child's responsibility to pack her lunch box and she forgets, the natural consequence is feeling hungry at lunch time.

At other times you might need to provide consequences for unacceptable or dangerous behaviour. For these times, it's best to ensure that you've explained the consequences and that your child has agreed to them in advance.

12. Say it once and move on

If you tell your child what to do – or what not to do – too often, he might end up just tuning out. If you want to give him one last chance to cooperate, remind him of the consequences for not cooperating. Then start counting to three.

Donations to the Kindy

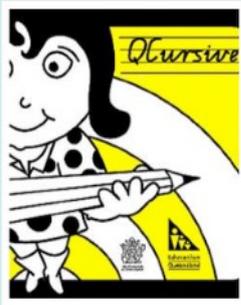
Tax Time is almost here. Many people like to make a special tax donation to organisations they support. The Banks Street Kindy has a Building Fund to purchase facility acquisitions for the Centre, such as the extremely popular "Secret Hideout" that was purchased in 2016. **All donations by 30 June 2018 can be deductions on this tax year (2017/2018).**



13. Make your child feel important

Give your child some [simple chores](#) or things that she can do to help the family. This will make her feel important. If you can give your child lots of practice doing a chore, she'll get better at it, feel good about doing it, and want to keep doing it. And if you give her some praise for her behaviour and effort, it'll help to build her [self-esteem](#).

QCursive



Since 1985, Queensland students learn handwriting styles in line with the Queensland handwriting guidelines, including the Beginner's and modern cursive scripts. This resource provides an outline of handwriting styles taught in Queensland state schools and can be found at <https://learningplace.eq.edu.au/cx/resources/file/6ec3c227-4ee7-9d60-91cc-1eb43021a9d4/3/index.html>

14. Prepare for challenging situations

There are times when looking after your child and doing things you need to do will be tricky. If you think about these challenging situations in advance, you can [plan around your child's needs](#). Give him a five-minute warning before you need him to change activities. Talk to him about why you need his cooperation. Then he's prepared for what you expect.

15. Maintain a sense of humour

It often helps to keep daily life with children light. You can do this by using songs, humour and fun. For example, you can pretend to be the menacing tickle monster who needs the toys picked up off the floor. Humour that has you both laughing is great, but humour at your child's expense won't help. Young children are easily hurt by parental 'teasing'.

These resources are also available in languages other than English

- [Arabic](#) (PDF: 141kb)
- [Dari](#) (PDF: 135kb)
- [Karen](#) (PDF: 111kb)
- [Persian](#) (PDF: 146kb)
- [Simplified Chinese](#) (PDF: 141kb)
- [Vietnamese](#) (PDF: 97kb)



SILENT AUCTION Happy Rainbow Tree!

Ask your neighbours, friends, families and co-workers to support the Kindy by bidding on this wonderful and unique piece of art. Last bid - close of day, end Term 1



Wishing all our kindy families a lovely break over these Autumn holidays. Hoping you all come back to Term 2 refreshed and ready for some more adventures.