



# Banks St Kindy News



November 2017

Issue Four

**H**ello Banks St Kindy families. Here we are, only 4 weeks out from the end of the term, and hurtling rapidly towards the end of the year!

This is the last edition of the newsletter in 2017 - thanks to those who have contributed information. We are lucky have the advantage these days of having multiple ways to get information to parents - including email and Storypark.

Have a festive and refreshing break, and we look forward to another great year at Banks St in 2018.

Many thanks from the Staff and 2017 Committee of Banks St Kindy

## OTHER UPCOMING DATES & NEWS FROM THE DIRECTOR (Ann Lock)

Goodbye Mrs Duff – Tuesday, 5th December will be Judy's last day as a Teaching Assistant at Banks Street Kindy. I have had the privilege of working with Judy for 12 ½ years and thank her for her friendship and dedication to her role at the Kindy.



Best wishes for your new life stage Judy.



## Term Dates

Group A - Term 3 finishes 5th Dec  
Group B - Term 3 finishes -8th Dec

Farewell to kindy kids transitioning to Prep, and we look forward to welcoming back the returning Bees and Butterflies in 2018.



Thankyou to families for your support with the **NSS MANGO DRIVE, THE TOY ORDER DRIVE, THE WOOLIES EARN LEARN** (stationery items have been ordered to start 2018), and the **CARD, PRINT AND GIFT TAGS ORDERS.**

The Building Fund has been utilized in the past to pay for the Secret Space cover and the replacement of the blinds over the bark and the deck. **PLEASE REMEMBER THE KINDY, WHEN CONSIDERING DONATIONS.** The future children of the Centre will benefit from your generosity.

Have you **LIKED THE KINDY ON FACEBOOK?** There is a fabulous movie of the Centre taken by one of our parents. Please share this site with friends.

The kindy kids who are transitioning to Prep in 2018 are invited to join in the **"PREP UNIFORM DAYS"**, where they may wear their new Prep uniform to show the other kindy children. This is not compulsory. For Bees, it is November 29th, for Butterflies it is December 1st.

Needing labels for your child's belongings? Check out the **"STUCK ON YOU"** link below and type in BANKSTKINDY for the Kindy to receive commission.

<https://www.stuckonyou.com.au/affiliate/fundraiser/BANKSTKINDY>



### SWAP SCREEN TIME FOR GREEN TIME

Join Sparky Do Dah for a natural adventure at the Boondall Wetlands Reserve and Environment Centre. The goal is to re-normalise outdoor play and connect kids to nature through a series of fun activities and games. All children are required to have a supervising parent or guardian on site.

<b>WHEN</b> 26 Nov 2017 12:00 AM – 2:00 PM	<b>WHERE</b> 31 Paperbark Drive Boondall, 4034 QLD, Australia
<b>COST</b> Free. Bookings essential.	<b>RECOMMENDED FOR</b> <ul style="list-style-type: none"> <li>• 5 - 6 years</li> <li>• 6 - 8 years</li> </ul>
<b>Contact Description :</b> Sparky Do Dah Phone: 0411 699 928	



### WASTELAND by FLIPSIDE CIRCUS What sort of world will young people inherit?

Besieged by mountains of rubbish, 12 extraordinary young performers recycle and reuse discarded items, reimagining circus and what our future could be. *Wasteland* is about potential, hope, resilience and survival – replacing recognisable circus apparatus with repurposed materials and scrap. Developed by Flipside's performance troupe, renowned circus artist Chelsea McGuffin and dramaturge Robert Kronk, *Wasteland* combines amazing aerials with frenetic ground and tumbling routines.

<b>DATES</b> FRI 24–SAT 25 + FRI 01– SAT 02 DEC, 2017	<b>VENUE</b> <a href="#">Turbine Platform</a> / Centre Court (Powerhouse)
<b>TICKETS</b> Full\$24* Concession\$18* Group (6+) \$18* Early Bird (until 08 Sep)\$20*	<ul style="list-style-type: none"> <li>• <b>TIMES</b> Fri 6pm Sat 3.30pm (60 mins)</li> </ul>
*plus transaction fee of \$5.95	



### SING & DANCE WITH QUEENSLAND SYMPHONY ORCHESTRA | SOUTH BANK

Bring your little ones along to the Queensland Symphony Orchestra Studios where they can join the Queensland Symphony Orchestra for a morning of singing, dancing and lots of music, with a program perfectly suited to your little ones. From babies through to 7 year-olds, these concerts are designed to captivate and educate. Children will be delighted as they are introduced to the instruments of the orchestra and amazed when their favourite songs are brought to life. Along with performing childhood classics and some Christmas surprises, these concerts will feature a children's book read by one of our musicians and accompanied by the Orchestra.

Held in Queensland Symphony Orchestra studio and hosted by our musicians, these concerts are relaxed, interactive, and fun – the ideal setting for a first time encounter with Queensland Symphony Orchestra.

#### Details

<b>Date:</b> December 2. 2017 <b>Time:</b> 9:30 am - 12:00 pm	<b>Organizer</b> <a href="#">Queensland Symphony Orchestra</a>
<b>COST</b> \$25pp	<b>RECOMMENDED FOR</b> <ul style="list-style-type: none"> <li>• 0-7</li> </ul>
<b>Phone:</b> (07) 3833 5000 <b>Email:</b>	<b>Website:</b> <a href="http://www.qso.com.au">www.qso.com.au</a>

## ONEPLACE COMMUNITY SERVICES DIRECTORY

With over 48,000 listings, oneplace Community Services Directory is an easily accessible directory to help Queenslanders get to the right service at the right time. From parenting groups and classes to domestic and family violence support services, oneplace is the go-to resource for children, families, community members and professionals looking to find local support in Queensland. For more information visit the [oneplace website](#) or check out the oneplace [videos](#).

The following links support families and their children.  
[Kidsmatter.edu.au/mental-health-matters/mindfulness](#)  
[Kidsmatter.edu.au/social-and-emotional-learning/suggestions-for-families](#)

## NEW WATER SAFETY APP

Aimed at parents and young children, the new '[Kids Alive—Do the Five](#)' app has been officially launched. Children need constant and active supervision when they're in, on, or around the water. To assist with this, the app includes [music, cartoons and e-books](#) with a focus on home, pool, beach and farm water safety. The app can be downloaded for free from both the [Apple](#) and [Google Play stores](#).

"I am starting school" Maybe you could create a **BOOK AT HOME DURING THE HOLIDAYS.**

<https://www.kidsmatter.edu.au/sites/default/files/public/I%20Am%20Starting%20School.pdf>

You could include these comments in the book.

- *How does your child feel about starting school?*
- *What would your child like to know about the school they will be attending?*
- *What would your child like their new teacher to know about them?*
- *What is your child excited about and looking forward to about starting school?*
- *How do you think your child will settle into school?*
- *What might help your child to settle into school?*



My name is: \_\_\_\_\_



Thankyou for your participation with the Transition Statements; your input is necessary to support your child's transition – remember, you can discuss the contents of the document with the teaching staff.

Center on the Developing Child at Harvard University. (2011). Building the brain's 'air traffic control' system:

## HOW EARLY EXPERIENCES SHAPE THE DEVELOPMENT OF EXECUTIVE FUNCTION.

*Working Paper no 11.* Retrieved from <http://www.ncsl.org/documents/cyf/WorkingPaper11.pdf>  
Executive functioning is being researched, as a significant factor of school success. Self regulation is a part of this functioning.

## SUPPORTING NEW PARENTS

At least 40 000 Australian women are affected by perinatal depression each year. To help bring down this statistic, the government has launched a [new online mental health resource](#) to support new mums and mums -to-be. The [MumSpace](#) website provides free access to evidence-based mental health support tools, apps, helplines and other resources.

## BARDON NEIGHBOURHOOD CENTRE AT

**COMMUNIFY.** Previous donations made a huge difference to lives of many financially disadvantaged families and individuals in our community. And now with Christmas once again just around the corner, we're busy preparing for this year's Christmas Market Day, and we're wondering if you would again like to help out with some donations. Just like last year, we're looking for donations of:

- Non-perishable items such as: long-life milk; cereal; pasta sauces; spreads; tinned fish; toiletries; tea; coffee and the like;
- Christmas goodies such as: custard; cakes; puddings; biscuits; lollies; chocolates; soft-drinks and chips.
- New gifts and toys for children, adolescents and adults (we only give out new toys at gifts at our Christmas Market Day).
- Or a monetary donation, which can be made directly to: Account Name: Community; BSB: 064 123 A/C: 1012 3138;

Reference: Christmas Market.

\*\*\*\*PLEASE LOOK OUR FOR THE COLLECTION BOXES AT KINDY\*\*\*\*

## The following article supports children engaging in the outdoors – what does your child's school's outdoor play areas look like?

**Outdoor learning has positive impacts for children** - it works on their intrinsic motivation for learning, provides enjoyable lessons, increases creativity, and activates thinking outside the box. It also improves children's health and wellbeing, social skills and behaviour, and furthermore has been proven to encourage better attendance, teamwork and to reduce bullying.

In a USA study, students who had taken part in outdoor learning '**performed significantly better on achievement tests**' and those students '**expressed high interest and wellbeing and low anger, anxiety, and boredom**' when compared with students who had been taught using more traditional methods (Randler & Kern, 20015).

A study in Australia found that hands-on contact with nature in primary school '**can play a significant role in cultivating positive mental health and wellbeing**' (Maller, 2005).

When planned and implemented well, learning outside the classroom contributed significantly to **raising standards and improving pupils "personal, social and emotional development"** (Ofsted 2008).

And of course, it promotes a love of healthy nature play for themselves which also resonates through their community. Let's not forget, play is the work of children! In fact, it's vital for the

# 49 Things to do before you're 5

Nature Play SA

- 1 Run around in the rain
- 2 Play hide-and-seek in a garden
- 3 Lie on your back and watch the clouds
- 4 Pick fruit from a tree and eat it
- 5 Go for a hike in the bush or a local reserve
- 6 Jump in a pile of leaves
- 7 Build a sandcastle with a moat
- 8 Hang from a low branch, then drop
- 9 Make a collection of leaves and feathers
- 10 Climb a steep slope on your hands and knees
- 11 Watch a sunrise or sunset
- 12 Play with mud
- 13 Explore your garden with a magnifying glass
- 14 Float a leaf in a pond or stream
- 15 Listen to a storm and watch for lightning
- 16 Chase your shadow
- 17 Search for tadpoles in a creek
- 18 Make a cubby under a tree or in some bushes
- 19 Draw with a stick in the dirt
- 20 Grow some herbs and veggies in a patch or pot
- 21 Visit a farm, or a petting zoo
- 22 Sit around a campfire and toast marshmallows
- 23 Dig holes and trenches in your yard
- 24 Listen to the birds and imitate their song
- 25 Catch some bugs and then release them
- 26 Search for shells at the beach
- 27 Invent your own obstacle course using rocks and sticks
- 28 Blow on a dandelion flower and make a wish
- 29 Sit quietly and watch ants, snails or birds
- 30 Water some plants with a watering can
- 31 Have a picnic under a big shady tree
- 32 Jump in a puddle
- 33 Chase butterflies around the garden
- 34 Play with a ball of an oval or on the beach
- 35 Paddle at the beach or a backyard wading pool
- 36 Play shops under a tree with seedpods and leaves
- 37 Visit a botanical garden
- 38 Balance along a log or some stepping stones
- 39 Go for a night walk with a torch in the garden
- 40 Climb a big hill and look at the view
- 41 Explore a rock pool or create your own
- 42 Have story time outside on a rug
- 43 Catch rain on your tongue
- 44 Sprout some fast-growing seeds
- 45 Play 'peek-a-bow' from behind a tree
- 46 Ride a trike or scooter to the park
- 47 Roll down a grassy hill
- 48 Pick a posy of flowers for someone you love
- 49 Count the stars at dusk

Find out why at [www.natureplaysa.org.au](http://www.natureplaysa.org.au)  
and check out the 51 things to do before you're 12

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[www.playandgo.com.au](http://www.playandgo.com.au)